



# VIRTUAL ITINERARY BLACK HISTORY

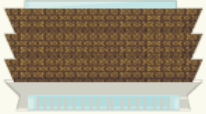
Explore Black history in Washington, DC from the Civil War to present day. This four-day itinerary discusses the 400-year-long struggle for freedom and equality through the region's hallmark institutions.

# VIRTUAL ITINERARY

# DAY 1



## TAKE IN OVER 400 YEARS OF BLACK HISTORY AT THE SMITHSONIAN NATIONAL MUSEUM OF AFRICAN AMERICAN HISTORY AND CULTURE



- Explore the [museum exhibitions](#)
- Visit the [Learning Lab](#) and immerse yourself in the historical, scientific, musical and artistic experiences of African Americans
- Continue your discussion with resources on [Talking About Race](#)

## VISIT GEORGE WASHINGTON'S MOUNT VERNON



- Learn about the estate's [enslaved men, women and children](#)
- Hear enslaved people's personal stories in the video "[Lives Bound Together: Slavery at George Washington's Mount Vernon](#)"
- Conduct the [Concept of Ownership](#) lesson plan

## MAKE YOUR VOICE HEARD AT THE FREDERICK DOUGLASS HOUSE



- Meet abolitionist Frederick Douglass through the [site video](#)
- Take a self-guided [virtual tour](#) of the house
- [Research Douglass' famed orations](#), record yourself reciting your favorite, and add your words to the fight for equality

# VIRTUAL ITINERARY

## DAY 2



### HONOR PROMINENT AFRICAN AMERICANS AT ARLINGTON NATIONAL CEMETERY

- Walk the cemetery's Black history virtually with a [self-guided tour](#)
- Remember contributions of [African American soldiers](#) buried at the cemetery, including civil rights activist Medgar Evers
- [Watch a brief video honoring](#) of the significance and reasoning behind Evers' activism



### DISCOVER THE EMANCIPATION PROCLAMATION AT PRESIDENT LINCOLN'S COTTAGE

- Take in the [historic document](#)
- Understand the impact of the [Emancipation Proclamation](#)



### LEARN ABOUT THE CIVIL WAR AT FORD'S THEATRE

- Get the facts about [Lincoln's Assassination](#)
- Explore the [impact on the nation](#)
- Consider the effect the assassination had on [Reconstruction](#)



### EXPLORE A NEW PERSPECTIVE DURING A PEACE TRAIL MONUMENTS TOUR

- Take a virtual walk of the National Mall with the Institute of Peace and Guild of Professional Tour Guides [Peace Trail](#)
- Reflect at the [Martin Luther King, Jr. Memorial](#)
- Listen to the ["I Have a Dream"](#) speech at the Lincoln Memorial
- Utilize the [Peace Trail Activity Book](#)

# VIRTUAL ITINERARY

# DAY 3



HOWARD  
UNIVERSITY



## DISCOVER FREEDOM AT THE U.S. CAPITOL



- Step into the U.S. Capitol with a guided [virtual tour](#)
- Discover [African Americans in art](#) throughout the building, including the [Slave Labor Commemorative Marker](#)
- Learn the story of [Philip Reid](#) and the Capitol's Statue of Freedom
  - Download the lesson plan, "[Philip Reid and Freedom](#)," for further discussion

## GAZE AT BLACK PORTRAITS AT THE SMITHSONIAN NATIONAL PORTRAIT GALLERY



- View the portrait of President Barack Obama within the [America's Presidents](#) virtual exhibit
- Discover portraits through online exhibits on the following topics:
  - [Portraits of African Americans](#)
  - [The Struggle for Justice](#)
  - [Winold Reiss & the Harlem Renaissance](#)

## WALK THE GROUNDS OF HOWARD UNIVERSITY



- Explore the significance of [Howard's history](#) as a prestigious Historically Black College and University in the United States
- Join the student body on a guided [virtual tour of campus](#)

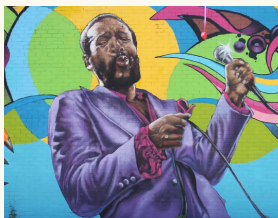
## FEEL THE BEATS OF 'BLACK BROADWAY' AT BEN'S CHILI BOWL



- Watch a video on the history of the [iconic restaurant and U Street](#), once known as 'Black Broadway'
- Take an [audio](#) or [self-guided](#) neighborhood tour with Cultural Tourism DC
- Make your own [half-smoke](#) at home
- Listen to the late Chuck Brown play [Go-Go](#), the official music of Washington, DC

# VIRTUAL ITINERARY

# DAY 4



## TOUR THE AFRICAN AMERICAN CIVIL WAR MEMORIAL AND MUSEUM

- Watch a [video summary](#) of Black Soldiers during the Civil War
- Learn more with a crafted lesson plan on [Civil War to Civil Rights](#)



## CELEBRATE DC MURAL ART

- Create your own tour with [MuralsDC](#)
- Walk the DC streets with mural artist, [Aniekan Udofia](#)
- Watch MuralsDC help create the [Black Lives Matter mural](#)



## VISIT BLACK LIVES MATTER PLAZA

- Read [an article](#) on why the demonstrations began
- Understand [the statement](#) the mural makes as part of the movement
- [Watch](#) why DC's Mayor, Muriel Bowser, commissioned the mural
- Learn with the Freedom Forum Institute why we need to protect [First Amendment rights](#)