Explore Black history in Washington, DC from the Civil War to present day. This four-day itinerary discusses the 400-year-long struggle for freedom and equality through the region's hallmark institutions.
虚拟行程

第1天

探索博物馆展览

访问学习实验室，沉浸在非洲裔美国人历史、科学、音乐和艺术的体验中

继续讨论在"谈谈种族"上的资源

在史密森尼国家博物馆的非洲裔美国人历史与文化中，体验400多年黑人历史

探索博物馆展览

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继续讨论在"谈谈种族"上的资源

参观乔治·华盛顿的弗农山

了解庄园的奴隶制男、女、儿童

听从奴隶制男、女、儿童的个人故事，观看"Lives Bound Together: Slavery at George Washington’s Mount Vernon"

进行"Concept of Ownership"课程计划

在弗雷德里克·道格拉斯之家发表你的声音

通过视频与废奴主义者弗雷德里克·道格拉斯见面

进行自导式虚拟参观

研究道格拉斯的著名演说，录音自己背诵你的最爱，将你的词添加到平等的斗争中
DAY 2

VIRTUAL ITINERARY

HONOR PROMINENT AFRICAN AMERICANS AT ARLINGTON NATIONAL CEMETERY

- Walk the cemetery’s Black history virtually with a self-guided tour
- Remember contributions of African American soldiers buried at the cemetery, including civil rights activist Medgar Evers
- Watch a brief video honoring of the significance and reasoning behind Evers’ activism

DISCOVER THE EMANCIPATION PROCLAMATION AT PRESIDENT LINCOLN’S COTTAGE

- Take in the historic document
- Understand the impact of the Emancipation Proclamation

LEARN ABOUT THE CIVIL WAR AT FORD’S THEATRE

- Get the facts about Lincoln’s Assassination
- Explore the impact on the nation
- Consider the effect the assassination had on Reconstruction

EXPLORE A NEW PERSPECTIVE DURING A PEACE TRAIL MONUMENTS TOUR

- Take a virtual walk of the National Mall with the Institute of Peace and Guild of Professional Tour Guides Peace Trail
- Reflect at the Martin Luther King, Jr. Memorial
- Listen to the “I Have a Dream” speech at the Lincoln Memorial
- Utilize the Peace Trail Activity Book
VIRTUAL ITINERARY

DAY 3

DISCOVER FREEDOM AT THE U.S. CAPITOL
- Step into the U.S. Capitol with a guided virtual tour
- Discover African Americans in art throughout the building, including the Slave Labor Commemorative Marker
- Learn the story of Philip Reid and the Capitol’s Statue of Freedom
  - Download the lesson plan, “Philip Reid and Freedom,” for further discussion

GAZE AT BLACK PORTRAITS AT THE SMITHSONIAN NATIONAL PORTRAIT GALLERY
- View the portrait of President Barack Obama within the America’s Presidents virtual exhibit
- Discover portraits through online exhibits on the following topics:
  - Portraits of African Americans
  - The Struggle for Justice
  - Winold Reiss & the Harlem Renaissance

WALK THE GROUNDS OF HOWARD UNIVERSITY
- Explore the significance of Howard’s history as a prestigious Historically Black College and University in the United States
- Join the student body on a guided virtual tour of campus

FEEL THE BEATS OF 'BLACK BROADWAY' AT BEN’S CHILI BOWL
- Watch a video on the history of the iconic restaurant and U Street, once known as ‘Black Broadway’
- Take an audio or self-guided neighborhood tour with Cultural Tourism DC
- Make your own half-smoke at home
- Listen to the late Chuck Brown play Go-Go, the official music of Washington, DC
VIRTUAL ITINERARY
DAY 4

TOUR THE AFRICAN AMERICAN CIVIL WAR MEMORIAL AND MUSEUM

- Watch a video summary of Black Soldiers during the Civil War
- Learn more with a crafted lesson plan on Civil War to Civil Rights

CELEBRATE DC MURAL ART

- Create your own tour with MuralsDC
- Walk the DC streets with mural artist, Aniekan Udofia
- Watch MuralsDC help create the Black Lives Matter mural

VISIT BLACK LIVES MATTER PLAZA

- Read an article on why the demonstrations began
- Understand the statement the mural makes as part of the movement
- Watch why DC’s Mayor, Muriel Bowser, commissioned the mural
- Learn with the Freedom Forum Institute why we need to protect First Amendment rights