Washington, DC, also known as the City of Trees, is a haven for outdoor adventures. With a fourth of the city made up of green spaces, there's a ton of surprises waiting to be explored. And although DC is still recovering from COVID-19, there are still numerous ways to engage with the city, both virtually and safely in-person. Below, you’ll find four days’ worth of activities featuring DC’s greatest outdoor attractions. Make sure to check out what’s open in DC, as well as the city’s current status in recovery.
DAY 1

ADMIRE THE ORIGINAL AND ICONIC U.S. CAPITOL COLUMNS AND STROLL THROUGH THE GROVE OF STATE TREES AT THE U.S. NATIONAL ARBORETUM

- Learn about trees and nature with the [Agents of Discovery Mission](#)
- Join the [Washington Youth Garden Virtual Farm Field Trip](#) and learn about growing your own food and composting. Don’t forget to complete your Field Trip Journal

LEARN ABOUT THE CONSERVATION EFFORTS AT THE SMITHSONIAN’S NATIONAL ZOO

- Go behind-the-scenes with real-life Zoo Guardians before trying your hand at being a [Conservation Hero](#)
- Take a Recycling Recess and [craft your own bird feeder](#)

ENJOY A RELAXING TOUR OF THE MONUMENTS AND MEMORIALS AT NIGHT

- Take a Night Tour with [Big Bus](#) or join Old Town Trolley’s [Monuments by Moonlight Tour](#)

BONUS ACTIVITY: Check out the [National Park Service Junior Ranger program](#) to learn how you can be sworn in as an honorary ranger!
DAY 2

SAIL OR KAYAK ON THE ANACOSTIA RIVER
- Join the Anacostia Riverkeeper for a virtual introduction in our Discover the Real DC video
- Learn more about the wildlife found on the river with a Wildlife Tour

GAIN A BETTER UNDERSTANDING OF FLORA AND FAUNA AT THE U.S. BOTANIC GARDEN
- Learn about the famous Corpse Flower
- Gain knowledge on plant science with fascinating fact sheets
- Revel in a plant’s beauty with coloring pages

SMELL THE ROSES AT HILLWOOD ESTATE, MUSEUM AND GARDENS
- Glory in the grandeur with the estate’s mobile app
- Enjoy a lesson on how to build your own spring floral arrangement - with or without real flowers

TAKE A VIRTUAL TOUR OF THE WHITE HOUSE GARDENS
- Dive into the history of gardening at The White House
BIKE THE ANACOSTIA RIVERWALK TRAIL TO KENILWORTH AQUATIC GARDEN

- Enjoy an exciting preview with 360-degree photography
- Learn about the science of the marshland through self-guided STEM lessons

CHEER ON THE WASHINGTON NATIONALS

- Relive the Game 7 win in the 2019 World Series that delivered the Nats their first world championship
- Become your family’s DC baseball historian
- Read up on DC’s renowned Homestead Grays, who dominated the Negro Leagues
- Cheer for your favorite commander-in-chief during the beloved President’s Race

FEEL THE EXCITEMENT OF PASSPORT DC

- Relive the 2018 celebration
- Learn more about the many DC embassies on a virtual tour

IMMERSE YOURSELF IN THE SOUNDS AND PRACTICES OF A U.S. ARMY BAND

- Watch professional instrument tutorials from members or speak to them in real time
- Check out a live webcast by the Band
Day 4

Take a morning hike through Rock Creek Park
- Watch our Discover the Real DC video on why DC is nicknamed "The City of Trees"
- Join Casey Trees to discover the species found in the nation's capital
- Turn your attention to the night sky and take some educational inspiration from the Rock Creek Park Planetarium

Enjoy brunch on the water or on a rooftop
- See the history of why brunch is an institution in DC
- Drool over the best local options

Admire the glory of the annual flower mart at the National Cathedral
- Read about the origins of the historic event
- Gaze at the amazing International Floral Display within the Cathedral
- Step onto the garden grounds virtually with an immersive tour

Experience the weekly drum circle at Malcolm X Park
- Discover the ties between the traditional weekly event and Malcolm X
- Join the Smithsonian Anacostia Community Museum on a virtual field trip and feel the rhythms